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| **Lowering salt** | Description: Percentage of population who think lowering salt in diet is very, somewhat or not at all important |
| Instrument question: D9: How important to you is lowering the salt in your diet? |

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| **Importance of lowering salt in diet** | | | | | | | |
| **Male** | | | | | | | |
| Age Categories (Years) | n | % Very important | 95% CI | % Somewhat important | 95% CI | % Not at all important | 95% CI |
| 18-29 | 508 | 34.0 | 27.3 - 41.4 | 57.9 | 50.4 - 65.1 | 8.1 | 5.3 - 12.1 |
| 30-44 | 567 | 37.9 | 32.0 - 44.2 | 54.6 | 48.0 - 61.0 | 7.5 | 4.7 - 11.8 |
| 45-59 | 262 | 37.8 | 26.7 - 50.4 | 55.8 | 43.3 - 67.6 | 6.4 | 2.5 - 15.5 |
| 45-69 | 235 | 46.2 | 38.5 - 54.2 | 39.6 | 32.1 - 47.5 | 14.2 | 9.3 - 21.1 |
| 60-69 | 103 | 44.3 | 26.7 - 63.6 | 51.2 | 31.8 - 70.2 | 4.5 | 1.3 - 14.6 |
| **Total** | **1675** | **37.3** | **33.4 - 41.5** | **54.5** | **50.2 - 58.6** | **8.2** | **6.4 - 10.5** |
| Location |  |  |  |  |  |  |  |
| Rural | 941 | 39.0 | 33.1 - 45.2 | 54.4 | 48.2 - 60.5 | 6.6 | 4.4 - 9.8 |
| Urban | 734 | 35.3 | 30.3 - 40.5 | 54.5 | 48.9 - 59.9 | 10.2 | 7.5 - 13.8 |

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| **Importance of lowering salt in diet** | | | | | | | |
| **Female** | | | | | | | |
| Age Categories (Years) | n | % Very important | 95% CI | % Somewhat important | 95% CI | % Not at all important | 95% CI |
| 18-29 | 907 | 37.3 | 31.8 - 43.0 | 55.1 | 49.5 - 60.6 | 7.6 | 5.3 - 10.8 |
| 30-44 | 1004 | 40.1 | 34.5 - 46.0 | 53.5 | 47.7 - 59.2 | 6.4 | 4.2 - 9.6 |
| 45-59 | 430 | 32.9 | 24.7 - 42.3 | 62.3 | 52.2 - 71.5 | 4.8 | 1.7 - 12.5 |
| 45-69 | 422 | 56.1 | 49.9 - 62.2 | 33.8 | 28.0 - 40.2 | 10.1 | 7.1 - 14.0 |
| 60-69 | 242 | 47.1 | 35.9 - 58.6 | 47.2 | 35.8 - 58.9 | 5.7 | 0.9 - 29.1 |
| **Total** | **3005** | **39.4** | **36.1 - 42.8** | **53.6** | **50.2 - 57.0** | **7.0** | **5.5 - 8.8** |
| Location |  |  |  |  |  |  |  |
| Rural | 1714 | 38.7 | 33.9 - 43.8 | 54.9 | 49.8 - 59.8 | 6.4 | 4.4 - 9.2 |
| Urban | 1291 | 40.4 | 36.5 - 44.5 | 51.7 | 47.6 - 55.7 | 7.9 | 6.0 - 10.3 |

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| **Importance of lowering salt in diet** | | | | | | | |
| **Total** | | | | | | | |
| Age Categories (Years) | n | % Very important | 95% CI | % Somewhat important | 95% CI | % Not at all important | 95% CI |
| 18-29 | 1415 | 36.0 | 31.7 - 40.6 | 56.2 | 51.7 - 60.6 | 7.8 | 5.9 - 10.1 |
| 30-44 | 1571 | 39.3 | 35.1 - 43.6 | 53.9 | 49.5 - 58.3 | 6.8 | 5.0 - 9.3 |
| 45-59 | 692 | 34.7 | 27.8 - 42.5 | 59.9 | 51.7 - 67.5 | 5.4 | 2.7 - 10.6 |
| 45-69 | 657 | 51.6 | 46.7 - 56.6 | 36.4 | 31.8 - 41.3 | 11.9 | 9.0 - 15.6 |
| 60-69 | 345 | 46.0 | 35.5 - 56.9 | 48.7 | 38.1 - 59.4 | 5.2 | 1.4 - 17.3 |
| **Total** | **4680** | **38.6** | **36.1 - 41.2** | **53.9** | **51.2 - 56.6** | **7.5** | **6.3 - 8.8** |
| Location |  |  |  |  |  |  |  |
| Rural | 2655 | 38.8 | 35.1 - 42.7 | 54.7 | 50.7 - 58.6 | 6.5 | 4.9 - 8.5 |
| Urban | 2025 | 38.3 | 35.2 - 41.5 | 52.8 | 49.5 - 56.1 | 8.9 | 7.2 - 10.8 |